

5.3.2 Average number of Sports and cultural programs in which students of the Institution Participated during last five years (organised by the institution/other institutions)					
2018-2023 (5 Years)					
Sr. No.	Date of event/activity (Name of the event/activity	No. of programmes	Name of the organising institution	Name of the student Participated
1	9th March 2023	Senior State Level Fencing Competition	3	Barnala	Kajal
2	7th March 2023	Inter-College Shooting Championship.	6	GNDU, Amritsar	Rajni, Komal, Navneet, Muskan, Ritika, Yamini
3	8th April 2023	Punjab State Level Competition (2022-23).	1	Malwa College of Nursing, Mehal Kalan, Barnala	Kajal
4	12th June 2023 to 13th June 2023	Open District Level Shooting Competition (Rifle/Pistol)	2	Harchowal	Komal, Navneet, Muskan, Ritika, Yamini, Rajni
5	27th May 2023	Khelo India Rowing Competition (Dubble Skull, Four Pair)	2	Gorkhpur UP	Manjit, Shabnam
6	5th June 2023	Pre-District Level Shooting Competition (Rifle/Pistol)	2	Pangala Mukeria	Komal, Navneet, Muskan, Ritika, Yamini, Rajni, Ritu
7	22th April 2023	Poster Making Competition on Earth Day.	1	SSM College, Dinanagar	Jahanvi, ArshdeeP Kaur, Vanshika Agarwal
8	4th February 2023	National Mathematics Day (Rangoli, Quiz), World Cancer Day(Poster making, Collage, Slogan writing, Quiz)	6	Mathematics & Science DePARTMENT	Samriti, Riya, Gurleen, Arshdeep Kaur, Chahat; Parul Thakur, Bhumika, Siya Saini, Ankita, NuPur, RamanPreet and Sakshi
9	22th March 2023	Declamation Contest World Water Day.	3	Science Department	Pallavi, Manisha, Tanisha, Aarti, Diksha, Harman, Siya Saini

10	18th March 2023	Inter-College Poetical Recitation Contest (Hindi Poetical Recitation, Punjabi Poetical Recitation, English Poetical Recitation)	1	SSM College, Dinanagar	Shweta, Chetna, Sakshi Salaria
11	17th March 2023	Utsav 2023 (Solo Song, Skit, Solo Dance, Mimicry, Group Dance, Folk Dance, Extempore, Ad Mad Show, Turn Coat, Mehandi, Rangoli, Flower, Arrangement, Poster Making, On the Spot Website, General Quiz, Mech-Mania, Theme Photography, Programming Skill, Logo Making, Lan Connectivity) and Y-20 Consultation Summit- Future of Work: Industry 4.0 Innovation and 21st Century Skills.	24	Golden College of Engineering and Technology, Gurdaspur and Guru Nanak Dev University, Amritsar	Nisha, Shivani, Tamana, Avantika, Tanvi, Madhu, Priyanka & Group, Sandeep Kaur, Parminder Kaur, Kushi, Shruti, Preeti Sharma, Shelly, Apurva Thakur, sandeep, Ruhi Manhas, Lisha Mahajan, Gurleen, Simran, Manpreet Kaur, Nidhi, Nitika, Muskan, Vanika, Babita, Simran, Anu Priya, Shyana, Yogita Thakur, Saloni, Harinder, Simran, Aditi, Tanu, Lovely, Shweta, Chetna, Sakshi Salaria, Khushboo AND Chetna Saini, Sakshi Salaria And Simran.

12	3rd March 2023	‘Spardha-2023’(Solo Song, Skit, Solo Dance, Mimicry, Group Dance, Folk Dance, Extempore, Ad Mad Show, Turn Coat,Mehandi, Rangoli, Flower, Arrangement, Poster Making, On the Spot Website, General Quiz, Mech-Mania, Theme Photography) and Annual Athletic Sports meet	19	Swami Sarvanand Group of Institutes,Dinanagar And Shanti Devi Arya Mahila College.	Amandeep kaur, Prabjot Kaur, Rishu salaria, Harman, Kau, Simran, Ravinder, Saloni , Nisha, Shivani, Radhika, Avantika, Tanvi, Tamana, Jasmeet, Madhu, Aditi, Tanu, Preeti Sharma, Simram, Parminder Kaur, Shruti, Taniya, Shyana, Manpreet Kaur, Payal, Sharan, Aditi, Radhika, Lisha Mahajan AND Samiksha
13	1st March 2023 to 6th March 2023	All India Inter University Competition (Rowing)	3	Punjab University Chandigarh Sukhna lake	Diksha ,Manji Kaur,Shabnam
14	28th February 2023	National Science Day (Declamation, Poster Making, Slogan Writing Comprtition, Rangoli)	2	Science Department	Sakshi Salaria,Chahat ,
15	21st February 2023	International Mother Language Day (Poem Recitation, Singing and Slogan Writing Competition)	3	Punjabi Department	Navjot Kaur, Jaswinder Kaur and AmandeeP kaur
16	18th February 2023	Water Game Dragon Boat Team in an Inter-College Competition.	1	GNDU, Amritsar	Tania,Simran,Khatija, Palak, Diya,Sonakshi, Monika, Tammana, Savita, Diksha, Shabnam, Manjit , Manju , Aarti
17	15th February 2023	Youth Saptah (Poster making , Collage, Slogan Writing, Quiz	4	Pt. Mohan Lal S.D. College Gurdaspur.	Shayna, Sandeep Kaur , Kamaljeet and Harkiranjeet

18	3rd February 2023	Declamation Competition on "Future of Work: Industry 4.0 Innovation and 21st Century Skills".	1	IQAC	Ms. Chetna, Ms. Sakshi and Ms. Simran
19	28th January 2023	District Level Youth Parliament Competition(online)	1	NCC and NSS Department	Ms.Chetna Saini
20	25th February 2023	Kavi Sammelan (poem)	1	Youth Welfare Department	Ms. Chahat
21	24th January 2023	National Girl Child Day.(Poster Making , Collage, Slogan Writing, Quiz)	3	NSS and Fine Arts Department	Ms. Chetna, Ms. Sakshi and Ms. Simran
22	11th December 2022	Techno-Cultural Fest-UDAAN' held at Global group of institutes , ASR.(Face Painting , Sammi Folk Dance , Solo Folk , Mehandi , Cartooning Choreography , Skit , Giddha , Mime ,Dumb Charades , Tattoo Making , Nail Art , Poster Making)	13	Global Group of Institute, ASR	Nisha, Shivani, Tamana, Avantika, Tanvi, Madhu, Priyanka & Group,Sandeep Kaur, Parminder Kaur, Kushi , Shruti , Preeti Sharma, Shelly, Apurva Thakur, sandeep, Ruhi Manhas, Lisha Mahajan, Gurleen, Simran, Manpreet Kaur, Nidhi, Nitika, Muskan, Vanika, Babita, Simran, Anu Priya, Shyana, Yogita Thakur, Saloni, Harinder, Simran, Aditi, Tanu, Lovely, Shweta, Chetna, Sakshi Salaria, Khushboo
23	5th December 2023	Athletics Inter college competition	1	GNDU, Amritsar	Manju

Total No. of Events=103

2021-2022

Sr. No.	Date of event/activity (DD-MM-YYYY)	Name of the event/activity	No. of Programmes	Name of the organising institution	Name of the student Participated
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1	31-May-22	Slogan Writing & Poster Making	3	NSS and NCC Departments	Priya, Shemakshi, Jaspreet
2	09-May-22	Poster Making	1	PG Department of Political Science	Jaspreet
3	26-Apr-22	Poster Making	1	NSS Department	Jaspreet
4	23-Apr-22	Posters, Slogans and Collage Making	5	Science, NSS and NCC Department	Navneet Kaur, Prabhjot, Rishu Salaria, Sakshi, Sonam
5	13-Apr-22	Zahanat 2022 (Concourse De Chart (Solo Singing), Solo – Dance, Bhangra, Giddha, Skits / Role play, Western Group Dance, Folk Dance, Comedy (Laughter Challenge), Choreography, Mimicry, Ramp Walk (Theme Based), Poster Making, Rangoli, Mehendi, Best out of waste, Hand made decor, Flower decoration (Dry Flower/Fresh Flower), Shark Tank)	18	A&M Institute, Pathankot	Geetanjali, Jaspreet, Sakshi, Lalita, Swati, Diksha, Jiya Sagar, Sakshi, Sugandhana, Mitali, Palak, Navpreet, Amandeep, Shruti Sharma, Navneet Kaur, Prabhjot, Rishu Salaria, Sakshi, Sonam, Sakshi, Surbhi, Neeraj, Avneet, Monika, Amanjot, Yogita Thakur, Lovepreet Kaur, Vishakha, Nitika, Pallavi, Nisha, Muskan, Shivani, Avantika, Navdeep, Anjali, Bharti, Taniya, Sharma, Sapna, Simmy, Chandna, Amisha, Samriti, Riya, Gurleen, Arshdeep Kaur, Chahat
6	24-Mar-22	Inter-College Declamation	1	SD College of Women	Nitika, Pallavi, Nisha, Muskan, Shivani, Avantika, Navdeep, Anjali, Bharti, Taniya, Sharma
7	28-Feb-22	Declamation Contest, Poster Making, Slogan Writing	3	Science dePartment	Gurleen, Simran bedi, Ramita Saini, SaPna, Komal, Harneet and Harshdeep
8	25-Feb-22	Rangoli, Quiz, Poster making, Model Making	4	Mathematics Department	Navneet Kaur, Prabhjot, Rishu Salaria, Sakshi, Sonam
9	24-Jan-22	Poster Making	1	Political Science	Kaniya Kumari

10	2-3 Jan 2022	Inter-College Tournament Fencing(Foil, Sabre, Epee)	3	GNDU	Manju, Kajal, Kamini, Samiksha, Pooja, Bandana, Naina, Kajal
11	11-Dec-21	Essay Writing Competition	1	PG Department of Political Science	Tania,Harpreet Kaur,Kajal
12	09-Dec-21	Organize Doodle art and Mandala art workshoP	1	Fine Arts Department	Kiranpreet,Vaishali,Shelly
13	30-Nov-21	Writing and Geet/Lokgeet Competition	2	P.G Department of Punjabi	Nitika,Pallavi,Nisha,Muskan,Shivani, Avantika,Navdeep,Anjali,Bharti,Tani ya,Sharma
14	12-Oct-21	Punjab State Shooting ChamPionship	1	Punjab State	Preeti Saini

15	19 October to 21 October 2021	Youth Festival(Group Shabad,Group Song,Folk Orchestra,Classical Vocal,Vaar Singing, Kawishri,Painting on the Spot,Cartooning,Poster Making,Collage,Clay Modeling,On the Spot Photography, Installation, Costume Parade, Mime, Mimicry, Skit, One Act Play, Geet /Ghazal, Folk Song, Poetical Symposium, Elocution, Debate, Quiz Preliminary ,Rangoli,Phulkari, Mehandi,Western Vocal Solo, Western Group Song, Group Dance, Gidha)	28	Youth Welfare Department	Shruti Sharma, Hem lata,Shivani Devi, navpreet Kaur, Nirmal Kaur, Kamaljit, Lalita,Shikha, Aisha,Yogita Thakur, Shivani, Nisha, Nitika, Muskan,Vishakha katal, Gagdeep Kaur, Lovepreet Kaur, Navdeep Kaur, Pallavi, Avantika, Shruti Sharma, Hem lata,Shivani Devi, navpreet Kaur, Nirmal Kaur, Kamaljit,Sapna, Palak Salaria, Mansi Sharma, Preeti Sharma, Prabhjot Kaur, Amandeep Kaur, Rishu Salaria, Hemlata, Lalita Devi, Simran, Shikha, Aisha, Harpinder Sanyal
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16	29 to 31 October 2021	Series of Competitions(Science Exhibition, Food Making, Poster Making, Giddha, Rangoli, Skit, Mime, Photography, Mehandi, Nail Art, General Dance, Ad- mad Show, Cartooning, Costume, Parade, Folk Song, Group Song)	16	Arni University	Chahat, Anjali, Bharti, Taniya, Sharma, Sapna, Simmy, Chandna, Amisha, Samriti, Riya, Gurleen, Arshdeep Kaur, Yogita Thakur, Lovepreet Kaur, Vishakha, Nitika, Pallavi, Nisha, Muskan, Shivani, Avantika, Navdeep, Navpreet, Amandeep, Shruti Sharma, Navneet Kaur, Prabhjot, Rishu Salaria, Swati, Diksha, Jiya Sagar, Sakshi, Sugandhana, Mitali, Palak, Lalita, Jaspreet, Sakshi, Geetanjali
17	06-10-2021	Poster Making	1	Hindu Kanya Mahavidyalaya, Jind, Haryana	Apurva Thakur
18	16-Sep-21	Slogan Writing and Poster Making	2	Science Department	Gurleen, Diya, Damini, Sakshi, Jashan Deep, Riya
19	14-Sep-21	Slogan Writing and Poster Making	2	NCC department and Dr. Ambedkar Study Centre	Nitika, Pallavi, Nisha, Muskan, Shivani, Avantika, Navdeep, Anjali, Bharti, Taniya, Sharma
20	21-Aug-21	Rakhi Making Competition	1	PG Department of Fashion Designing	Harpreet Mehra, Harleen Saini, Nitika
21	28-Jul-21	World Nature Conservation Day	1	Science Department	Payal, Suhani, Vibha

22	17-Jun-21	Online InterCollege Cultural Festival (Group Shabad,Group Song,Folk Orchestra,Classical Vocal,Vaar Singing, Kawishri,Painting on the Spot,Cartooning,Poster Making,Collage,Clay Modeling,On the Spot Photography, Installation, Costume Parade, Mime, Mimicry, Skit, One Act Play, Geet /Ghazal, Folk Song, Poetical Symposium, Elocution, Debate, Quiz Preliminary ,Rangoli,Phulkari, Mehandi,Western Vocal Solo, Western Group Song, Group Dance, Gidha)	28	S.L. Bawa DAV College, Batala	Navdeep Kaur,Harpinder Kaur,Bharti, Ishwin Thakur,Ramanpreet Kaur,Geetanjali , Jaspreet, Sakshi ,Lalita, Swati,Diksha, Jiya Sagar, Sakshi,Sugandhana,Mitali,Palak, Navpreet,Amandeep,Shruti Sharma,Navneet Kaur,Prabhjot, Rishu Salaria ,Sakshi,Sonam,Sakshi,Surbhi,Neera j,Avneet,Monika,Amanjot,Yogita Thakur, Lovepreet Kaur,Vishakha, Nitika,Pallavi,Nisha,Muskan,Shivani, Avantika,Navdeep,Anjali,Bharti, Taniya,Sharma,Sapna,Simmy,Chandna,Amisha,Samriti,Riya,Gurleen,Ars hdeep Kaur,Chahat
23	06-05-2021	Poster Making, Slogan Writing on World Environment Day	2	Science Department	Ishita, Manreet, Shivani, Riya
24	06-04-2021	Quiz Competition	1	Guru Nanak Dev University College	Bhumika Sharma
25	06-01-2021	Online Inter College Quiz Competition	1	Guru Nanak Dev University College	Bhumika Sharma
Total No. of Programmes =128					
2020-2021					

Sr. No.	Date of event/activity (DD-MM-YYYY)	Name of the event/activity	No. of Programs	Name of the organising institution	Name of the student Participated
1	14-Apr-21	Poster Making Competition to be organized by Ambedkar study centre to celebrate 130th Birth Anniversary	1	Ambedkar Study Centre	Gurleen, Simran bedi, Ramita Saini,Sapna, Komal,Harneet and HarshdeeP
2	31-Mar-21	Slogan Writing Competition on Poshan Pakhwada 2021 was organized by NSS DeePartment	1	NSS	Gurleen, Simran bedi, Ramita Saini,SaPna, Komal,Harneet and HarshdeeP
3	04-Feb-21	World Fraternity Day was observed by conducting webinar cum online Inter – College Poetical Recitation Competition	1	NCC Deptt.	1st Prize: Ankita Saini, 2nd Prize: Yogita, 3rd Prize :Cadet Aadhya of Army School
4	28-Jan-21	Intra-College Essay Writing Competition.	1	IQAC & P.G. Department of Political Science	Ravneet Kaur got first Prize,Vandna got second Prize and Anjali got Third
5	26-Jan-21	Inter- College Tricolor recipe Competition was organized by B.D.Arya College Jalandhar Cantt.	1	Home Science Department	Amita
6	25-Jan-21	Intra–College Quiz Competition to be organized on "Indian Constitution"	1	NCC & PG Department. of Political Science	Palak Salaria, nidhi, priya
7	5th June 2020	Online National Level Inter College Competition	1	Fashion Designing	Kumari Lalita ,Navdeep Kaur ,Harpinder Kaur
8	15th June 2020	Online National Level Inter-College Competition	1	Fashion Designing	Kumari Lalita ,Navdeep Kaur ,Harpinder Kaur

Total No. of Programmes =08

2019-2020					
Sr. No.	Date of event/activity (DD-MM-YYYY)	Name of the event/activity	No. of Programmes	Name of the organising institution	Name of the student Participated
1	30th May 2020	National Level Online Competition on Poster Making and Advertisement	1	Commerce and Economics	Tammana
2	22-2-2020	khelo India Fencing Competition (Foil)	1	Kit University Odisha	Rajni sharma
3	11th Feb, 2020	Open Quiz Competition	5	Commerce and Economics	Rubina Dhiman, Saloni, Bharti Sharma, Amisha, Rajni Lalotra
4	29th Jan, 2020	Slogan writing & Postor Making Competition	2	NSS Department	Akanksha, Baljeet Kaur
5	24th Jan, 2020	Lecture and Declamation Competition on Forest Conservation	5	NSS and Science Department	Rubina Dhiman, Saloni, Bharti Sharma, Amisha, Rajni Lalotra
6	23rd Jan, 2020	Essay Writing Competition.	3	Pol-Sci Department	Ms. Bharti Sharma, Komal, Kiranjit Kaur
7	01-03-2020	Inter College Fencing Competition (Foil, Sabre, Epee)	7	GNDU Amritsar	Preeti saini, Kumari deeksha, Priya Devi, Riya Kumari, Rajni sharma, Aarti, Reetika Sharma
8	2nd Jan to 7th Jan, 2020	All Indian Interuniversity Competition	1	Punjab University Chandigarh	Rajni Sharma
9	28th Dec, 2019	Inter College Fencing Competition (Foil, Sabre, Epee)	6	GNDU Amritsar	Preeti Saini, Sangeeta Sharma, Reetika Sharma, Priya Devi, Simranjit Kaur, Rajni Sharma
10	8th Dec, 2019	Inter College Weight Lifting Competition (47,55,70 kgs)	3	GNDU Amritsar	Navneet kaur, Mehakdeep Kaur, Ruby

11	18th Nov to 20th Nov, 2019	Inter college Athletics Competition (100m, 200m, 400m, shortput, 1500m, Long jump)	6	GNDU Amritsar	Angita, Ruby, Meena, Rimpi devi, Neha kumari, Komal saini
12	11th Nov, 2019	Shabad Gayan Competition	6	Music/Youth Welfare Department	Neha Salaria, Neha, Tanuj, Sushma Devi, Mohinin Devi, Priyanka
13	23rd to 26th Oct., 2019	Diya Making Competition	14	Fashion Designing/IQAC	Abhilasha, Nisha, Neeraj, Sonam, Neha, anjali, ravinder, Sharda, Sakshi, navneet, Mandeep, samta Devi, Nagita, Bharti sharma
14	14th Oct., 2019	Natik Sikhiya Competitive examination	4	Punjabi Department	Nitika, Pratibha, manisha, Mitali
15	3rd Oct to 6th Oct, 2019	Inter zonal ('B' Zone) Youth Festival(Group Shabad, Group Song, Folk Orchestra, Classical Vocal, Vaar Singing, Kawishri, Painting on the Spot, Cartooning, Poster Making, Collage, Clay Modeling, On the Spot Photography, Installation, Costume Parade, Mime, Mimicry, Skit, One Act Play, Geet /Ghazal, Folk Song, Poetical Symposium, Elocution, Debate, Quiz Preliminary, Rangoli, Phulkari, Mehendi, Western Vocal Solo, Western Group Song, Group Dance, Gidha)	28	Youth Welfare Department	Neha Salaria, Neha, Tanuj, Sushma Devi, Mohinin Devi, Priyanka, Lovely, poonam, Sakshi, Kanchan, Meenu, Vijaylakshmi, Sonia, Navdeep, Abhilasha, Nisha, Neeraj, Sonam, Neha, anjali, ravinder, Sharda, Sakshi, navneet, Mandeep, samta Devi, Nagita, Bharti sharma, Navpreet Kaur, Sumandeep, shruti Sharma, Priyanka, Saloni, Navneet Kaur, Dimpal Sharma, Bharti, palak

16	15th to 18th Sept., 2019	All India G.V. Mavalankar Shooting chamPionshiP	1	NCC Department	Cadet Priti Saini
17	23rd August, 2019	India Inter-varsity Fencing ComPetition(Foil, Sabre, Epee)	3	Physical Education Department	Rajni
18	21st Aug., 2019	Inter class Poster making comPetition.	1	ComPuter Science Department	Shruti, Mehak,Simran
19	14th August, 2019	Rakhi Making Competition	1	Fashion Designing Department	Anjali Sharma,Jyoti Mehra,Shubam
20	10th Aug.,2019	Interclass Slogan Writing and Poster Making ComPetition	2	IQAC, Fine Arts, PG Department. of Punjabi	Priyanka, Saloni, Navneet Kaur, Dimpal Sharma, Bharti, palak
21	8th Aug.,2019	Quiz Competition	1	PG Department of Political Science & History	Riya, Nidhi, Sushma Devi
22	6th Aug.,2019	State Level Shooting Competition	1	NCC Department	Cadet Priti Saini
23	6th-8th Aug.,2019	Inter-Class Poetical Recitation, Declamation, Quiz and Essay writing competitions.	4	Punjabi &IQAC Department	Neha, Anjali, Ravinder, Sharda, Sakshi, Navneet, Mandeep, Samta Devi, Nagita, Bharti sharma

Total No. of Programmes=106

2018-2019					
Sr. No.	Date of event/activity (DD-MM-YYYY)	Name of the event/activity	No. of Programmes	Name of the organising institution	Name of the student Participated
1	21/6/2019	International Day of Yoga	1	Department. of Phycal Education	Priyanka, Saloni, Navneet Kaur, Dimpal Sharma, Neha salaria, Neha, Tanu, Sushma Devi, Mohini Devi, Priyanka, Shriya, Pallavi, Mansi, Navjot Kaur

2	18/4/2019	Participate in Miss & Mrs. Globe India 2019	1	PG Department of Fashion Designing	Ms. Pooja, Ms. Priya Mehra
3	04-10-2019	Auditions for Miss & Mrs. Globe India 2019.	1	P.G Department of Fashion Designing	Ms. Pooja, Ms. Priya Mehra
4	04-08-2019	Sparda 2019(Solo Song, Skit, Solo Dance, Mimicry, Group Dance, Folk Dance, Extempore, Ad-Mad Show, Turn Coat,Mehandi, Rangoli, Flower, Arrangement, Poster Making, On the Spot Website, General Quiz, Mech-Mania, Theme Photography)	18	SSGMIT, Dinanagar	Malti, Geetanjali, Mausam, Pallavi,Neha salaria, Neha , Tanuj, Sushma devi, Mohini Devi, Priyanka, Lovely, poonam, Sakshi, Kanchan, Meenu, Vijaylakshmi, Sonia, Navdeep, Abhilasha, Bharti Sharma, Nageeta, Priyanka, Sumandeep, Navpreet, Navjot Kaur, Nagita, Bharti sharma, Navpreet Kaur, Sumandeep, shruti Sharma, Priyanka, Saloni, Navneet Kaur, Dimpal Sharma, Neha salaria, Neha, Tanu, Sushma Devi, Mohini Devi, Priyanka, Shriya, Pallavi, Mansi, Navjot Kaur
5	04-04-2019	Annual Athletic Meet	1	Department of Physical Education	Miss Ankita

6	30/3/2019	District Level Youth Festiva(Concourse De Chart (Solo Singing) ,Solo – Dance, Bhangra, Giddha, Skits / Role play, Western Group Dance, Folk Dance, Comedy (Laughter Challenge), Choreography, Mimicry, Ramp Walk (Theme Based), Poster Making, Rangoli, Mehandi, Best out of waste, Hand made decor, Flower decoration (Dry Flower/Fresh Flower), Shark Tank)	18	Hindu Kanya College Dhariwal by Punjab Youth Services, GurdasPur	Malti, Geetanjali, Mausam, Pallavi,Neha salaria, Neha , Tanuj, Sushma devi, Mohini Devi, Priyanka, Lovely, poonam, Sakshi, Kanchan, Meenu, Vijaylakshmi, Sonia, Navdeep, Abhilasha, Bharti Sharma, Nageeta, Priyanka, Sumandeep, Navpreet, Navjot Kaur, Nagita, Bharti sharma, Navpreet Kaur, Sumandeep, shruti Sharma, Priyanka, Saloni, Navneet Kaur, Dimpal Sharma, Neha salaria, Neha, Tanu, Sushma Devi, Mohini Devi, Priyanka, Shriya, Pallavi, Mansi, Navjot Kaur
7	28/3/2019	Cultural Programme: Gidha, Sammi	2	Youth Welfare Department in collaboration with Nehru Yuva Kendra and Punjab Folk Art Centre Gurdaspur	Devi, Priyanka, Lovely, poonam, Sakshi, Kanchan, Meenu, Vijaylakshmi, Sonia, Navdeep, Abhilasha, Bharti Sharma, Nageeta, Priyanka, Sumandeep, Navpreet, Navjot Kaur, Nagita, Bharti sharma, Navpreet Kaur, Sumandeep, shruti Sharma, Priyanka, Saloni, Navneet Kaur, Dimpal Sharma, Neha salaria, Neha, Tanu, Sushma Devi, Mohini Devi, Priyanka, Shriya, Pallavi, Mansi, Navjot Kaur
8	15/3/2019	Inter college Competition(Fashion Show)	1	RRMK Arya Mahila College Pathanko	Ms.Jyoti , Ms.Kiran
9	03-07-2019	Quiz Competition.	1	PG Department of Economics	Rajni, Prabhjot , Chamiksha, RePali,Shivani , Jyoti , Palak and Aarzo.

10	03-05-2019	Annual Inter College Cultural and Tech fest 2019(Solo Song, Skit, Solo Dance, Mimicry, Group Dance, Folk Dance, Extempore, Ad Mad Show, Turn Coat,Mehandi, Rangoli, Flower, Arrangement, Poster Making, On the Spot Website, General Quiz, Mech-Mania, Theme Photography, Programming Skill, Logo Making, Lan Connectivity)	21	Golden group of Institutes.	Devi, Priyanka, Lovely, poonam, Sakshi, Kanchan, Meenu, Vijaylakshmi, Sonia, Navdeep, Abhilasha, Bharti Sharma, Nageeta, Priyanka, Sumandeep, Navpreet, Navjot Kaur, Nagita, Bharti sharma, Navpreet Kaur, Sumandeep, shruti Sharma, Priyanka, Saloni, Navneet Kaur, Dimpal Sharma, Neha salaria, Neha, Tanu, Sushma Devi, Mohini Devi, Priyanka, Shriya, Pallavi, Mansi, Navjot Kaur
11	03-04-2019	“Science Fest”Model Making, Poster Making and Slogan Writing	3	BUC Collge, Batala.	Kavneet Kaur, Madhu Saini, Akankasha
12	03-01-2019	Science Fest:Model Making, Poster Making and Slogan Writing	3	Doaba College Jalandhar	Kavneet Kaur, Madhu Saini, Akankasha
13	28/2/2019	Declamation Contest,Model Making, Poster Making and Slogan Writing	4	Sanskrit &Science Department.	Meenakshi ; Akanksha, Baljeet Kaur, Ankita
14	26/2/2019	Inter college Taekwondo Competition	3	GNDU Amritsar	Aarti,, Priya Devi, Nitiksha Gill
15	23/2/2019	“Inter-College Matra Bhasha Competition”	1	Pt. Mohan Lal SD Collge, GurdasPur	Ms. Nagita and Ms.Bharti, Ms. Akankasha and Ms. Bharti Harchand
16	30/1/2019	Essay Writing Competition on the topic 'Relevance of Gandhian PhilosoPhy in Contemporary Scenario'	1	PG Department of Political science & IQAC	Nagita, Isha, Priya, Preeti, Manreet

17	28/1/2019 to 29/1/2019	Essay Writing Competition and class wise lectures	2	History Department & IQAC	Jagdish, Kajal, Kriti, Neha, Jagdeep
18	18/1/2019 to 19/1/2019	District Level Youth Mock	1	NSS Department	Ms. Nagita and Ms. Bharti, Ms. Akankasha and Ms. Bharti Harchand ,Nagita, Isha, Priya, Preeti, Manreet
19	18/1/2019	Inter College Fencing Competition Foil, Sabre, Epee	6	GNDU, Amritsar	Preeti saini, Kumari Deeksha, Priya Devi, Sangeeta Sharma, Reetika sharma, Rajni sharma
20	14-1-2019	Inter College (water Sports) Rowing	2	GNDU	Minakshi Devi, Manjit Kaur
21	10-1-2019 to 11-1- 2019	Inter College (Fencing) Competition Foil, Sabre, Epee	3	GNDU Amritsar	Ritika Sharma, Aarti, Rajni sharma, Priya Devi,
22	01-02-2019	All India Inter University (Fencing) Competition Foil, Sabre, Epee	3	GNDU Amritsar	Rajni sharma

23	1/1/2019 to 4/1/2019	Inter Zonal ('B' Zone) Youth Festival (Group Shabad,Group Song,Folk Orchestra,Classical Vocal,Vaar Singing, Kawishri,Painting on the Spot,Cartooning,Poster Making,Collage,Clay Modeling,On the Spot Photography, Installation, Costume Parade, Mime, Mimicry, Skit, One Act Pay, Geet /Ghazal, Folk Song, Poetical Symposium, Elocution, Debate, Quiz Preliminary ,Rangoli,Phulkari, Mehandi,Western Vocal Solo, Western Group Song, Group Dance, Gidha)	28	GADK College, Cholla Sahib, Tran Taran.	Malti, Geetanjali, Mausam, Pallavi,Neha salaria, Neha , Tanuj, Sushma devi, Mohini Devi, Priyanka, Lovely, poonam, Sakshi, Kanchan, Meenu, Vijaylakshmi, Sonia, Navdeep, Abhilasha, Bharti Sharma, Nageeta, Priyanka, Sumandeep, Navpreet, Navjot Kaur, Nagita, Bharti sharma, Navpreet Kaur, Sumandeep, shruti Sharma, Priyanka, Saloni, Navneet Kaur, Dimpal Sharma, Neha salaria, Neha, Tanu, Sushma Devi, Mohini Devi, Priyanka, Shriya, Pallavi, Mansi, Navjot Kaur
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24	24/12/2018	"Lok Utsav Gurdaspur 2018" Gidha and Sammi	2	Youth Welfare Department	Malti, Geetanjali, Mausam, Pallavi, Neha salaria, Neha , Tanuj, Sushma devi, Mohini Devi, Priyanka, Lovely, poonam, Sakshi, Kanchan, Meenu, Vijaylakshmi, Sonia, Navdeep, Abhilasha, Bharti Sharma, Nageeta, Priyanka, Sumandeep, Navpreet, Navjot Kaur, Nagita, Bharti sharma, Navpreet Kaur, Sumandeep, shruti Sharma, Priyanka, Saloni, Navneet Kaur, Dimpal Sharma, Neha salaria, Neha, Tanu, Sushma Devi, Mohini Devi, Priyanka, Shriya, Pallavi, Mansi, Navjot Kaur
25	12-02-2018	Inter College Judo	4	GNDU	Aarti, Priya Devi, Riya Kumari, Kumari Deeksha
26	11-06-2018	Diya Making Competition	1	PG Department of Fashion Designing	Tanvi, Komal, Amisha, Kritika, Kanika
27	31-10-18	Inter College Weight Lifting 47,55,59 Kgs	3	GNDU Amritsar	Navneet Kaur, Ruby, Mehakdeep
28	26-10-2018 to 27-10-2018	Inter College Athletics Competition (Athletics (100m) Athletics (200m) Athletics (3 Kilometer) Athletics (Shortput) Athletics (400m) Athletics (1500m) Athletics (100 m)	4	GNDU Amritsar	Simran, Aarti, Riya Kumari, Angita

29	20/9/2018 to 22/9/2018	Written Quiz ,Declamation ,Slogan writing ,Folk song ,GrouP Song	5	Govt. Sr. Sec. School, Amritsar.	Manwinder Kaur, Isha, Bharti Harchand, Neha, ShiPra,
30	09-12-2018	Speech Competition	1	Prasthan Ashram Pathankot	Miss Palak Salaria
31	09-11-2018	Inter College Yoga Competition	4	GNDU Amritsar	Simran, Aarti, Riya Kumari, Mahima
32	31/8/ 2018	Poetical Recitation,Declamation, Essay writing ComPetition and Quiz	4	PG Department of Punjabi	Siya, Harpinder, Prminder Kaur
33	22/8/2018	Talent Hunt Competition & Rakhi Making Competition	2	Fine Art Department & FD Department.	Akanksha, Shilpa, Simran, Rajni & Rajni
34	13/8/2018	Patriotic songs competition, Online Quiz ,Slogan writing and Poster Making Competition	4	Music Department., Pol Sci Department, Computer Science Department & F Arts Department	Neha Sharia. Mahima, Neha and yal, Navneet ; , Simran.
Total No. of Programmes= 159					
Principal Shanti Devi Arya Mahila College Dinanagar (GSP.)					