

Report of Annual Gender Sensitization Action Plan for the year 2023-24

Sr. No,	Program to be organized	Name Of The Program	Date
1	To organize lecture on Menstrual Hygiene	Under Corporate Social Responsibility initiative, NSS Deptt of college in collaboration with SBI Branch, Dinanagar organized an awakening lecture on Menstrual Hygiene. Prof. Sangeeta Malhotra was the resource person.	6 th Oct., 2023
2	To celebrate World mental Health Day	Enlightened Minds Psychology Club celebrated World mental Health Day. Students presented papers & posters on different mental health issues. They also enacted a skit on importance of emotional support.	10 th Oct. 2023
3	To celebrate World Girl Child Day	The college in collaboration with Inner Wheel Club, Gurdaspur celebrated World Girl Child Day by organizing an extension lecture and making posters. Prof. Seema Mahant, dietician and social worker was the keynote speaker. The club president Mrs. Prashansa Sharma awarded scholarships to six students.	11 th Oct. 2023
4	To celebrate World Girl Child Day	NCC Cadets of the college celebrated World Girl Child Day by writing slogans and making posters. They even recited poems to mark the eminence of the day	11 th Oct. 2023
5	To celebrate World Student's Day	This day was celebrated by English Deptt. in the college campus to mark the eminence of Birth Anniversary of Mr. A. P. J Abdul Kalam.	14 th Oct.2023
7	To organize Nukkad Natak (Akhir Kadon Tak ?)	Red Ribbon Club, NSS & English Department organized Nukkad Natak in college campus which was performed by renowned 'Red Arts Theatre Group' artist Mr. Jagdeep Warring on the grave issue of Drug Addiction	20 th Oct 2023
8	To organize Career Counseling and Interview session	A Career Counseling and Interview session was organized by Computer Science & IT Deptt. with Mr. Himanshu, Mr. Ajit Singh and Mr. Lovepreet to give	20 th Oct 2023

		hands on trainings under NIIT	
9	To organize a Career Counseling Session	PG Department of Computer Science and IT organized a Career Counseling Session with Pallavi Nayyar, Project manager & HR Rojgar Map & Ms. Diksha Sharma, Placement Coordinator, Rozgar Map, Gurdaspur on Hard skills, Soft skills and Employability	26 th Oct 2023
10	To organize workshop on Block Printing, Best out of Waste by FD Department and Beauty Culture by Cosmetology Department,	On 23rd December, 2023, Workshop on Block Paintings, Best out of Waste by FD Department and Beauty Culture by Cosmetology Department were conducted. Different lectures on economic importance of medicinal plants, health, hygiene & sanitation techniques & cybercrimes were also provided by their respective teachers.	23 rd Dec 2023
11	To organize Free Medical Camp at adopted village Begowal	A Free Medical Camp was organized at Begowal under the supervision NSS Dept. in collaboration with City Hospital Gurdaspur with the support of Mahatma Ram Parkash Dass ji.	24 th Dec. 2024
12	To celebrate National Girl Child Day	Home Science & NSS Dept. successfully organized National Girl Child Day. Ms. Sangeeta Malhotra, Coordinator, NSS delivered an extension lecture on "Health and Nutrition".	25 th Jan.2024
13	To organize an awareness session on World Cancer Day	An awareness session was organized by NSS Department on World Cancer Day. Dr. Riya Mahajan, Mrs. Sonia and Mr. Sandeep from City Hospital, Gurdaspur make the students aware about the causes, prevention and treatment of cervical cancer and breast cancer	4 th Feb.2024
14	To organize World Day of Social Justice	Political Science Department celebrated World Day of Social Justice. A Hindi movie Chhapaak based on the theme of social justice, was shown to the students	20 th Feb 2024
15	To organize Voting Awareness camp under SVEEP activities	Electoral Literacy Club and NSS Department organized a voting awareness campaign related to upcoming assembly elections under SVEEP activities. A team of four members deputed by DC Office trained the students about the process of casting of vote and made voter cards of eligible students.	2 nd March 2024

16	To organize event on Advanced Leadership Program for holistic development of women	NSS and Home Science departments organized a motivational lecture on Advanced Leadership Program for Holistic Development of Women. Ms. Abha Nanda, Business Coach, Mentor, Author and Corporate Trainer, was the Resource Person and the Chief Guest.	4 th March 2024
17	To organize a workshop on personality enhancement and self- Analysis	PG Library organized a motivational workshop on Personality Enhancement and Self-Analysis. In this workshop of preaching Moral Values and inculcating respect and regard for holy verses in Gurbani, Mr Rajpal Singh was the keynote speaker. Mr. Mohan Singh (SGPC), Mr. Tejinder Singh and Mr. Gurmukh Singh were the eminent guests	12 th March 2024
18	To organize ICSSR sponsored National seminar on Sexual Harassment in Men	Two Days interdisciplinary ICSSR sponsored National seminar on 'Sexual Harassment in Men' was organized. Professor Sanjay Kaushik, Honorary Director of ICSSR, Chandigarh, was the esteemed chief guest. Dr. Satnam Singh Deol, Associate Professor & HOD of the Political Science at GNDU, Amritsar, delivered the inaugural speech focusing on sexual harassment in men and the challenges they face. Dr. Rishi Raj Sharma, Prof. & Dean of GNDU Regional Campus, Gurdaspur, served as the keynote speaker, discussing the purification of the mind to prevent such harassment incidents. Guest of Honour, Mrs. Nirmal Pandhi, Director of Sant Baba Hazara Singh Girls College, Nikke Ghuman shed light on the role of laws in curbing such incidents. The chief guest, Prof. Sanjay Kaushik, in his presidential address, lauded the college's initiative in fostering dialogue on this sensitive issue, underscoring the importance of such endeavours. There were many influential delegates from various colleges too.	16 th & 17 th March 2024
19	To celebrate Mothers and	Mothers and Motherhood Day was	7 th May

	Motherhood Day	celebrated. The grace of the auspicious occasion was enhanced with the warm presence of our dignitaries Ms. Ranjana Mahajan (President of Women Power Association), Ms. Kamal Raj (Vice President), Ms. Kanchan Aghnihotri , Ms. Ritu and Ms. Shweta Attri (Team Members). Principal Dr. Sushma Gupta, teachers Dr. Sonam Gupta, Ms. Sonia, Ms. Meenu Gupta, MsNamita Bhalla and Ms. Avlokita Sodhi and two peons Ms. Jeevan Asha and Ms. Anita were honored.	2024
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The NSS Department organized an awakening lecture on Menstrual Hygiene on 6th October 2023

Report: The NSS Department in collaboration with SBI Branch, Dinanagar organized an awakening lecture on Menstrual Hygiene under Corporate Social Responsibility initiative. Prof. Sangeeta Malhotra was the resource person on 6th October 2023. Mrs Sarita Saini , Asstt. Bank Manager was guest of honor and she distributed sanitary napkins to students to promote hygiene during menstrual cycle.



Enlightened Minds Psychology Department celebrated World Mental Health Day on 10th October, 2023.

Enlightened Minds Psychology club organized the event to celebrate world mental health day, where students presented papers & posters on different mental health issues. They also enacted a skit on importance of emotional support.



The Home Science Department in collaboration with Inner Wheel Club, Gurdaspur celebrated World Girl Child Day on 11th October 2023

The Home Science Department in collaboration with Inner Wheel Club, Gurdaspur celebrated World Girl Child Day by organizing an extension lecture on 11th October. Prof. Seema Mahant (Dietician and Social Worker) was invited as keynote speaker. She enlightened the students about

Iron & Protein rich diet to improve their Hb level. The Club President Mrs. Prashansa Sharma awarded scholarships to six meritorious students who belonged to economically weak families.



English Literary Society celebrated World Student's Day on 14th October 2023

Slogan writing and Poster Making Competition was organized to celebrate World Student's Day on 14th Oct.2023by English Literary Society in college campus to mark the eminence of Birth Anniversary of Sh. A. P. J Abdul Kalam, former President of India.



Red Ribbon Club, NSS Dept.& English Department organized “Nukkad Natak “Akhir KadonTak” on 20th Oct 2023

Red Ribbon Club, NSS & English Department organized Nukkad Natak “Akhir Kadon Tak” in college campus which was performed by renowned ‘Red Arts Theatre Group’ artist Mr. Jagdeep Warring on the grave issue of Drug Addiction



A Career Counseling and Interview session was organized on 20th October 2023 by Computer Science & IT Department with Mr. Himanshu, Mr. Ajit Singh and Mr. Lovepreet to give hands on trainings under NIIT



PG Department of Computer Science and IT organized a Career Counseling Session on 26th October 2023

PG Department of Computer Science and IT organized a Career Counseling Session on 26th October 2023 with PallaviNayyar, Project manager & HR Rozgar Map & Ms. Diksha Sharma, Placement Coordinator, Rozgar Map, Gurdaspur on Hard skills, Soft skills and Employability



Incubation and entrepreneurship cell of college organized various skill oriented workshops during 7 Days NSS camp from 23rd– 26thDecember 2023 for rural women of village Begowal

Fashion Designing Department organized workshop on Block Printing, Beauty Culture by Cosmetology Department and cooking classes by Home Science Department & a lecture on Cyber Security for residents of adopted village Begowal during 7 Days NSS camp.

Workshop on Block Printing & Tie & dye on 23rd December 2023



Workshop on “Beauty Culture and Skin Care” organized By Cosmetology Department on 24th December 2024



Workshop on Cooking of Different Desserts organized By Home Science Department on 25th December 2024



4FJF+W26, Railway Rd, Chander Vihar, Dinanagar, Punjab 143531, India

Dinanagar
Punjab
India



19°C

66°F

2023-12-25(Mon) 11:06(am)

5 Days Workshop on Different Yoga asanas organized By Physical Education Department from 21st - 25th December 2024



A Free Medical Camp was organized at Begowal under the supervision of by NSS Dept. in collaboration with City Hospital Gurdaspur.24th December 2023 with the support of Mahatma Ram Parkash Dassji,

A Free Medical Camp was organized by NSS Department at adopted village Begowal in collaboration with EMC & City Hospital Gurdaspur. Team of doctors checked a big number of villagers and gave free medicines.



Home Science & NSS Department celebrated National Girl Child Day on 25th January 2024

Home Science & NSS Department successfully organized National Girl Child Day. Ms. Sangeeta Malhotra, NSS Coordinator, delivered an extension lecture on "Health and Nutrition" on 25th Jan 2024. NSS volunteers presented Posters in collaboration with Fine Arts Department to create awareness.



NSS Department organized an Awakening Lecture to celebrate World Cancer Day on 4th February 2024.

An awareness lecture on, “Cervical Cancer: Its causes, treatment and preventive measures”, was organized by NSS Department on World Cancer Day. Dr. Riya Mahajan from City Hospital Gurdaspur awarded the students about the causes, prevention and treatment of cervical cancer and breast cancer.



Political Science Department celebrated World Day of Social Justice on 20th February

Department of Political Science celebrated "World Social Justice Day" under the able direction of Principal Dr. Sushma Gupta and Secretary of the College Managing Committee, Shri Dharam Indu Gupta and the headship of Ms. Randeep Dhoot, Department of Political Science by organising a movie screening of film Chhapaak for the students of Political Science Department.



Electoral Literacy Club and NSS Department organized a voting awareness campaign on 2nd March 2024

Electoral Literacy Club and NSS Department organized a voting awareness campaign related to upcoming assembly elections under SVEEP activities. A team of four members deputed by DC Office trained the students about the process of casting of vote and made voter cards of eligible students 2nd March 2024



NSS and Home Science departments and Women cell organized a motivational lecture on Advanced Leadership Program for Holistic Development of Women on 4th march 2024

NSS, Women development Cell and Home Science departments organized a motivational lecture on Advanced Leadership Program for Holistic Development of Women. Ms. Abha Nanda, Business Coach, Mentor, Author and Corporate Trainer, was the Resource Person and the Chief Guest on 4th March 2024



PG Library organized a motivational workshop on Personality Enhancement and Self-Analysis on 12th March 2024.

In this workshop of preaching Moral Values and inculcating respect and regard for holy verses in Gurbani, Mr Rajpal Singh was the keynote speaker. Mr. Mohan Singh(SGPC), Mr. Tejinder Singh and Mr. Gurmukh Singh were the eminent guests on 12th March.



Two Days interdisciplinary ICSSR sponsored National seminar on 'Sexual Harassment in Men'

Two Days interdisciplinary ICSSR sponsored National seminar on 'Sexual Harassment in Men' was organized. Professor Sanjay Kaushik, Honorary Director of ICSSR, Chandigarh, was the esteemed chief guest. Dr. Satnam Singh Deol, Associate Professor & HOD of the Political Science at GNDU, Amritsar, delivered the inaugural speech focusing on sexual harassment in men and the challenges they face. Dr. Rishi Raj Sharma, Prof. & Dean of GNDU Regional Campus, Gurdaspur, served as the keynote speaker. Guest of Honour, Mrs. Nirmal Pandhi, Director of SBHS Girls College, Nikke Ghuman shed light on the role of laws in curbing such incidents. The chief guest, Prof. Sanjay Kaushik, in his presidential address, lauded the college's initiative in fostering dialogue on this sensitive issue.



Mothers and Motherhood Day celebration by Cosmetology Department on 7th May 2024

Mothers and Motherhood Day was celebrated by cosmetology department in collaboration with women power association. The grace of the auspicious occasion was enhanced with the warm presence of our dignitaries Ms. Ranjana Mahajan (President of Women Power Association), Ms. Kamal Raj (Vice President), Ms. Kanchan Aghnihotri , Ms. Ritu and Ms. Shweta Attri (Team Members). Principal Dr Sushma Gupta, teachers Dr. Sonam Gupta, Ms. Sonia, Ms. Meenu Gupta, Ms Namita Bhalla and Ms. Avlokita Sodhi and two of supporting staff members, Ms. Jeevan Asha and Ms. Anita were honored.

