



SHANTI DEVI ARYA MAHILA COLLEGE

DINANAGAR (GURDASPUR) 143531

(Affiliated to G.N.D.U. Amritsar)

College with Potential for Excellence by UGC Re-accredited by NAAC with "A" Grade A Multi Faculty Post Graduate Women College

Ref. No. 5928:SD/Gen

Dated...12.04.2023...

ANNUAL GENDER SESITIZATION PLAN 2022-23

SR. NO.	Programme to be organised	Name Of The Programme	Date
1	Conducting regular meetings of anti- Ragging/ Grievances & Redressal Cell	IQAC Coordinator and Conveners of the Committee	8 th August, 2022 to 16 th January, 2023
2	Encouraging students applying for scholarship schemes and funds especially for women provided through various Central/ Government Schemes	Registrar and Staff Members	9 th September, 2022
3	Encouraging students to register for placement in different companies and through Government Placement Drives	Coordinator of Placement Cell	31 st August, 2022
4	To organize Free Hobby Classes for Govt. school students	Self Grooming Classes organized in college by Cosmetology Department	20 th to 27 th June 2022
5	To celebrate International Yoga Day.	NSS, NCC and Physical Education Departments under Ek Bharat Shreshth Bharat Mission, celebrated International Yoga Day.	21 st June 2022
6	To start the new session with Inaugural Hawan and conduct Orientation Programme for UG & PG Degree Classes	Hawan Yagya was done and Orientation Programme was organized	4 th & 8 th August 2022 respectively
7	Mentoring by class tutors / Principal/counselor	Mentor - Mentee Groups were made by IQAC	4 th August 2022
8	To celebrate Rakshabandhan with BSF Jawans	NSS & Home Science Department of our College with Dy.	11 th August 2022

Contact No. : Office : 01875-220344, 221382

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Ref. No.....

Dated.../2.../04/2023..

		Commandant ShRajnish Kashyap celebrated Rakshabandhan at BSF Headquarters, Gurdaspur.	
9	Provide Opportunity/ training for Cultural/ Sports Competitions on gender basis.	Youth welfare Dept.	15 th September 2022
10	To organize counseling sessions for Healthy Lifestyle and Work-Life Balance for customers of Indusind Bank, Gurdaspur.	Enlightened Minds Club run by Psychology Dept. organized Counseling session	17 th September, 2022
11	To celebrate National Nutrition Month for Holistic Development of girls	A lecture on Importance of Nutritious Food was organised by inviting Dr. Dalwinder Sharma an Ayurvedic Doctor	29 th September 2022
12	To organise meetings with students regarding scholarships	Meetings were organized with students belonging to SC/ OBC/BC categories to make them aware about various types of scholarships.	6 th October 2022
13	To organize seminar on "Cyber Security Awareness".	PG Department of Computer Science & IT organized seminar on "Cyber Security Awareness" Mrs. Deepak Jyoti gave awareness about the cyber security laws implemented in India.	6 th October 2022

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14	To celebrate "World Mental Health Day".	"Enlightenment Minds" Psychology club celebrated "World Mental Health Day". An extension lecture was delivered by Dr. Sonam Gupta, Head Psychology Department on Mental Health.	10 th October 2022
15	To organize Nari Sammelan	Nari Sammelan was celebrated under Ved Parchar Saptah on Nirvana Mohatsav Diwas of Swami Maharishi Dayanandji and Swami Sarvanand ji	19 th October 2022
16	Education Department to celebrate World Students' Day.	Education Department celebrated World Students' Day and the birth anniversary of Dr. A.P.J. Abdul Kalam	21 st October 2022
17	To organize Remedial Classes	One week Remedial Classes were organized for academically weak students of 1 st semester classes .	26 th Nov. to 2 nd Dec. 2022
18	to organize a seminar on Legal Awareness	Seminar on Legal Awareness was organised with the support of Legal Services Society, Gurdaspur. By inviting Ms. Navdeep Kaur Gill, Civil Judge (Sr.Division) (CJM), Secretary, District Legal Services	12 th January 2023
19	To celebrate Dheeyan Di Lohri under Beti Bachao Abhiyaan	NSS Department celebrated lohri of 7 girl children in the adopted village Saidipur with villagers.	13 th January 2023

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20	To celebrate National Girl Child Day.	National Girl Child Day was celebrated by NSS and Fine Arts Dept. by organizing Poster making competition. The purpose of the celebration of this day was to raise awareness about the injustice experienced by women in Indian society.	24 th January 2023
21	To celebrate National Voters Day	National Voters Day was celebrated by NSS, RRC club and Buddy group under sweep activities. Pledge ceremony and a Poster making competition was organized.	25 th January 2023
22	To organize Har Ghar Dhyani Campaign for Meditation & mental Health	Har Ghar Dhyani Campaign was conducted by NSS Department in collaboration with Art of Living Foundation and organized a program on meditation and mental health.	2 nd February, 2023
23	to celebrate World Cancer Day	Science Department celebrated World Cancer Day. Mrs. Sunita Verma gave awakening lecture. A declamation contest was also organized.	4 th February 2023
24	Psychology Club to celebrate World Mental Health Day.	An extension lecture was delivered by Dr. Sonam Gupta, Head Psychology Department on Mental Health, focusing on the common mental health	24 th February 2023

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		conditions like anxiety and mood disorders and suggested the ways to take care of one's mental health.	
25	To celebrate the International Women Day	Mr. Manav, Chief Manager of SBI Bank along with Ms. Sarita Saini and Mr. Satpal, Staff Members of SBI, Dinanagar	8 th March 2023
26	To organize SDAM Bazaar by Departments of Home Science, Cosmetology, PG Department of Fashion Designing under Earn While You Learn Scheme to encourage students to start their startups and thus promoting women's entrepreneurship	Social Entrepreneurship, Swachhta & Rural Engagement Cell in collaboration with Mahatma Gandhi National Council of Rural Education organised 'Sdam Bazaar'. In this day long bazaar, there were fashion Styling/ Craft and Handiwork works, Food Corner, Creative Art Studio and Beauty Corners.	16 th March 2023
27	To organize Mentor-Mentee Program	Mentor-Mentee Program was organized by involving all the students and teachers	3 rd April 2023
28	Alumni Association and Fashion Designing Department to organize an Alumni Meet and Fashion Show.	A grand and glamorous Fashion Spectra was held on Alumni meet. Budding Fashion Designers of College Showcased their talent	8 th April 2023


Principal
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